



OPTOMETRIC EXTENSION PROGRAM
FOUNDATION

MIDDLE ATLANTIC CONGRESS OF OPTOMETRY

PRESENTS

Heidi Wise, OD • Gregory Kitchener, OD • Paul Harris, OD

Held under the auspices of the
Optometric Extension Program Foundation

Finding Balance in Visually Asymmetric Demands: Neurological and Optical Constraints

Hotel Information

DoubleTree by Hilton Hotel
Pittsburgh - Green Tree
500 Mansfield Avenue, Pittsburgh, PA 15205
Phone: 412-922-8400

Group Name:
MID ATLANTIC OPTOMETRIC CONGRESS

Group Code:
MID

Saturday & Sunday, October 20-21, 2018

PITTSBURGH, PENNSYLVANIA

DESCRIPTION

Our featured speaker this year, Dr. Heidi Wise is a co-founder of Postural Restoration Institute Vision and encourages a multi-disciplinary approach to vision rehab. Dr. Wise will be discussing evaluation, therapy and lens applications for disturbances of the visual process from a neurological perspective. Dr. Paul Harris will discuss the relationship between posture and the visual process, and Dr. Gregory Kitchener will offer topics related to organizing observations in visual training, recognizing the visual process in action, and re-directing training activities to develop visual abilities more consistently.

SPEAKERS

Heidi Wise, OD, FCOVD



Dr. Wise is a 1998 graduate of the Southern College of Optometry, now in private practice in Lincoln, Nebraska. Dr. Wise helped coordinate the first onsite vision services program at Madonna Rehabilitation Hospital in Lincoln, directing vision rehabilitation programs for patients suffering from strokes and traumatic brain

injuries. Dr. Wise is a co-founder of PRI (Postural Restoration Institute) Vision and has created an integrative care program, working with a podiatrist, an orthodontist, dentists, and physical therapists. This allows her to impact neurologically-driven causes of pain, dizziness, fatigue, and headaches. Dr. Wise is dedicated to prevention of these conditions in developing children. As the mother of teenage twins she has had the opportunity to see firsthand how the development of brain and body are influenced by the visual process. Dr. Wise lectures across the country, to a variety of audiences on the relationship between the visual process, and the brain and body.

Paul Harris, OD, FCOVD



Dr. Harris will present on the ground-breaking work of Dr. Elliott Forrest, which explains most astigmatism from about -1.00 to -3.00, in terms of asymmetric use of the visual process in two different ways. The first was the difference in the amount of head vs. eye scan in different meridians, setting in place the forces to create the astigmatism in the first place. The second was looking at asymmetries in the demands, including face turns, head tilts, looking to one side more than the other or looking with one's chin up or down, resulting in different amounts of astigmatism in one eye versus the other or with the axes being shifted away from 90 or 180. Dr. Harris had a chance to validate Dr. Forrest's theories by looking at members of the Baltimore Symphony,

players who are in asymmetric postures and demands by the nature of the instrument they play. This presentation has recently been updated with data from work done by a group in Norway with several orchestras there, bolstering Dr. Forrest's observations.

Gregory Kitchener, OD

Gregory Kitchener, OD is a graduate of Pacific University College of Optometry and maintains a private practice in Cincinnati, Ohio with an emphasis on VT. He is a Past-President of OEPPF and presents on a variety of VT topics, stressing the critical role of the doctor and therapist in VT.

Schedule

SATURDAY OCTOBER 20, 2018

9:00 - 10:40am

Heidi Wise, OD
*Standing on the
Shoulders of Giants
Neuroscience Review*

10:40 - 11:10am

Break with Exhibitors

11:10 - 12:00pm

Gregory Kitchener, OD
Locating the Visual in VT

12:00 - 1:30pm

Lunch and Exhibits

1:30 - 3:10pm

Gregory Kitchener, OD
*Locating the Visual in VT
Cont'd*

Gregory Kitchener, OD and
Joe Romano (Music Therapist)
*Visual Process Influences
on Auditory Processing*

Paul Harris, OD
*Visual Conditions of
Symphony Musicians*

3:10 - 3:40pm

Break with Exhibitors

3:40 - 5:20pm

Heidi Wise, OD
Centering

*Application of Centering
Concepts to the Evaluation
of the Visual System*

SUNDAY OCTOBER 21, 2018

9:00 - 9:50am

Paul Harris, OD
Posture and Vision

9:50 - 10:20am

Break with Exhibitors

10:20 - 12:00pm

Heidi Wise, OD
*Application of Centering
Concepts to Treatment
of the Visual System*

12:00 - 1:30pm

Lunch and Exhibits

1:30 - 3:10pm

Heidi Wise, OD
*Application of Centering
Concepts to Treatment
of the Visual System
(Workshop)*

*Putting It All Together -
case studies, Q&A*

Registration

Name _____

Preferred badge name _____

Address _____

E-mail _____

Number of guests and names _____

OE Tracker # _____

FEES

Standard Registration **\$350**

OEP Clinical Associate Optometrists
and Vision Therapists **\$325**

Residents **\$150**

Current optometry school students are complimentary but must RSVP.

TOTAL ENCLOSED

Charge payments:

Visa Mastercard Discover American Express

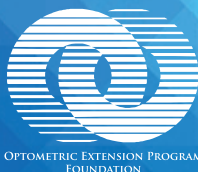
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Send form and check, or fax registration to:

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