



OPTOMETRIC EXTENSION PROGRAM  
FOUNDATION

13 CREDIT HOURS

Held under the auspices of the OEP Foundation  
Co-sponsored by:

**KOVACH EYE**  
INSTITUTE

# 82ND GREAT LAKES OPTOMETRIC CONGRESS

PRESENTS

**Charles Shidlofsky**

OD, FCOVD

**Deborah Zelinsky**

OD, FNORA, FCOVD

**Julie Steinhauer**

OD, FCOVD

## The Use of Technology in Vision Rehabilitation, Lens Prescribing and Expanding Space

Sunday & Monday, March 3-4, 2019

HILTON CHICAGO / NORTHBROOK

## Registration

Make checks payable to:  
**Great Lakes Congress**

Send registration to:  
**John A. Loesch, OD**  
215 S. Villa Ave #3  
Villa Park, IL 60181  
708-917-5353

EMAIL:  
drjohnod1@gmail.com

**Early Registration  
Fee Deadline:  
February 15, 2019**

	Before Feb 15	After Feb 15
<b>Doctors (OEP Members)</b>	\$345.00	\$375.00
<b>Doctors (non-OEP)</b>	\$375.00	\$405.00
<b>First year graduates</b>	\$170.00	\$200.00
<b>Second year graduates</b>	\$195.00	\$225.00
<b>Students</b>	\$5.00	\$5.00
<i>(Both days. Includes lunch. OEP coupons not redeemable for Congresses)</i>		
<b>Therapists attending</b>		
Two days	\$140.00	\$160.00
Sunday only	\$120.00	\$140.00

If you are a therapist attending both days, please specify if you will attend the doctors' meeting both days or if you will be at the therapists' meeting Sunday and the doctors' meeting Monday.

Please include a valid email address in order to process your registration.

Handouts will be available to download from the OEP website. Instructions will be emailed after registration is received.

### **You must have an email address!!!**

Doctor's Name

Office Address

City State Zip

Office Phone

Doctor's Office Email

Additional Doctors

1)

2)

Therapists Attending Sunday Therapists' Meeting

Name

Name

Therapists Attending Sunday Therapists' & Monday Doctor's Meeting

Name

Name

Therapists Attending Doctor's Meeting both days

Name

## Speakers

### **Charles Shidlofsky, OD, FCOVD**

- Graduated 1988 from Southern College of Optometry in Memphis, TN; In practice for 30 years in the Plano Texas (Dallas area)
- Adjunct Professor of Optometry at UH College of Optometry, UIWRSO College of Optometry, Western University College of Optometry and Southern College of Optometry
- Residency Director- Neuro-Vision Associates of North Texas through Southern College of Optometry
- Clinical Director for Special Olympics Texas
- Consultative Optometry- Centre for Neuro Skills, Pate Rehabilitation, Encompass Health and others
- On Medical Staff: Baylor Institute for Rehabilitation-Frisco and Ft. Worth and Encompass Health-Plano
- Team Vision Coach/Eye doctor: FC Dallas (MLS), Allen Americans (ECHL) and Texas Legends (NBA-D league)
- Frequent lecturer on the subjects of Vision testing and rehabilitation after a TBI/ABI. Sports Vision, Developmental Vision, specialty contact lenses and medical/allied medical co-management

### **Deborah Zelinsky, OD, FNORA, FCOVD**

is an active member of the World Brain Mapping Foundation and a community leader for the Society for Neuroscience. She also is a member of the American Optometric Association, Neuro-Optometric Rehabilitation Association and the College of Optometrists in Vision Development. The past thirty years of her optometric career has been spent developing methods for assessment of brain function with emphasis on the often untested linkage between eyes and ears. The 21st century technological advancements use peripheral eyesight differently than in the 19th century, when the concept of 20/20 measurements to standardize central eyesight was introduced. Dr. Zelinsky is currently spearheading a campaign to "Leave 20/20 in the 20th Century", because it is no longer sufficient in lens prescribing. Her patented research in novel usages of retinal stimulation has been described in rehabilitation publications and courses worldwide.

### **Julie Steinhauer, OD, FCOVD**

is a developmental optometrist specializing in vision related learning problems, sports vision, and rehabilitative optometry. She is board certified in vision development as a Fellow of the College of Optometrists in Vision Development.

# Doctor's Meeting

# Vision Therapist's Meeting

## SUNDAY, MARCH 3, 2019

### 8:00am-9:00am

Registration and  
Continental Breakfast

### 9:00am-10:00am

Use of Technology in a Vision  
Rehabilitation and Therapy  
Practice Part 1 - Dr Shidlofsky

### 10:00am-11:00am

Use of Technology in a Vision  
Rehabilitation and Therapy  
Practice Part 2 - Dr Shidlofsky

### 11:00am-12:00 noon

The Art and Science of Lens  
Prescribing - Dr Zelinsky

### 12:00 noon-1:30pm

Lunch on Your Own

### 1:30pm-2:30pm

Nutrition and Vision  
- Dr Steinhauer (joint  
session with the therapists)

### 2:30pm-3:30pm

Eight Simple Ways to Constrict  
or Expand Space - Dr Zelinsky

### 3:30pm-4:30pm

An Introduction to Functional  
Medicine and Epigenetics  
Part 1 - Dr Shidlofsky

### 4:30pm-5:30pm

How Astigmatism Affects Posture  
- Dr Zelinsky

### 5:30pm-7:30pm

Dinner on Your Own

### 7:30pm-10:00pm

"Bull Session" Matching Monocular  
Spatial Volume. Please bring:  
-4 lens blank and +2/-8 flipper  
or (2) +2 and (2) -8 trial lenses  
and an eye patch

## MONDAY, MARCH 4, 2019

### 7:30am -8:00am

Continental Breakfast

### 8:00am-9:00am

An Introduction to Functional  
Medicine and Epigenetics  
Part 2 - Dr Shidlofsky

### 9:00am-10:00am

The Optometric Tool Box: Lenses,  
Prisms, Filters and Games  
- Dr Zelinsky

### 10:00am-11:00am

The Use of Neuro-Therapeutic Lenses  
Part 1 - Dr Shidlofsky

### 11:00am-12:00 noon

Yoked Prisms: the Poor Man's MRI  
- Dr Zelinsky

### 12:00 noon-1:00pm

Lunch on Your Own

### 1:00pm-2:00pm

The Use of Neuro-Therapeutic Lenses  
Part 2 - Dr Shidlofsky

### 2:00pm-3:00pm

Concussion Protocols for TBI  
- Dr Zelinsky

### 3:00pm

End of Meeting.  
Pick up CE credits as you leave.

## SUNDAY, MARCH 3, 2019

### 8:00am-9:00am

Registration and  
Continental Breakfast

### 9:00am-10:00am

Leave 20/20 in the 20th Century  
- Dr Zelinsky

### 10:00am-11:00am

Digital Eye Strain - Behavioral  
Optometry's Role  
- Dr Timothy Cundiff

### 11:00am-12:00 noon

Vision Development in  
the Therapy Room  
- Dr Lynette Burgess

### 12 noon-1:30pm

Lunch on Your Own

### 1:30pm-2:30pm

Nutrition and Vision  
- Dr Steinhauer (joint  
session with the doctors)

### 2:30pm-3:30pm

Treatment Nomogram  
- Dr Shidlofsky

### 3:30pm-4:30pm

Pumping Spatial Awareness  
with Lenses and Prisms  
- Dr Dave Martin

### 4:30pm-5:30pm

VO Star - Dr Mary Gregory

### 5:30-7:30pm

Dinner on your own

### 7:30-10:00pm

"Bull Session"  
Matching Monocular Spatial Volume.  
Please bring:  
-4 lens blank and +2/-8 flipper  
or (2) +2 and (2) -8 trial lenses  
and an eye patch

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**Hilton Chicago/Northbrook  
2855 North Milwaukee Ave.  
Northbrook, IL 60062  
847-480-7500**

Hotel Reservation deadline  
is February 15, 2019



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[www.oepf.org](http://www.oepf.org)